



2nd Annual Poland Rotary

Derby Dash

5K Run/Walk

Saturday May 7, 2011

8:00 Registration 9:00 Race Start

Course & Location:

Registration will be at McKinley Elementary School, (7 Elm Street Poland, OH) The 5K course starts on the track and loops through the streets of Poland Manor. Volunteers will be stationed throughout the course to direct runners. Water stops and mile splits will be available. Restroom facilities will be available.

Registration Fees:

\$13 Pre-registration (if received or postmarked by April 28, 2010)

\$15 Race day registration (or after April 28, 2011)

Registrations can be mailed to: Amanda Frost
143 North Elm Street
Columbiana, OH 44408

Please make checks payable to: Poland Rotary

*T-shirts are guaranteed to the first 100 registered runners

Awards:

Overall Male and Female Winners

1st: \$75 2nd: \$50 3rd: \$25

Age Group Winners (Top 2 in each category)

Men:	14 & Under	Women:	14 & Under
	15-19		15-19
	20-24		20-24
	25-29		25-29
	30-34		30-34
	35-39		35-39
	40-44		40-44
	45-49		45-49
	50-54		50+
	55-59		
	60+		

For Additional Information, Please contact Amanda Frost at 330-853-2639

NAME _____

SEX _____ BIRTHDATE _____ AGE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

SHIRT SIZE: S M L XL EMAIL _____

RELEASE: I, the undersigned, realize that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to safely completing the run. I assume all risks associated in running this event include, but are not limited to, falls, contacts with other participants, the effects of the weather, and road conditions, all such risks being known and approved by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, by myself, and anyone entitled to act upon my behalf, waive and release Poland Rotary, the City of Poland, race directors, volunteers, all sponsors and their representatives and successors, from all claims of liability of any kind arising out of my participation in this event.

SIGNATURE (parent if under 18): _____