



Howl At The Moon 5K Night Run

Sponsored by: The Cortland Rotary Club

Saturday – June 11, 2011

Race Proceeds Benefit Local Rotary Charities

Starting Times: 5K Night Run – 9:00 PM ~ 1 Mile Community Walk/Run – 8:15 PM
Kids 200 Yard Dash – 8:00 PM

Online Registration: WWW.Gopherarun.com ~ Printable Race Forms available at WWW.RotaryClubofCortland.Org

Courses: 5K Night Run will begin at Lakeview High School Track and be a out and back course finishing on the Track. The One Mile Fun Walk/Run as well as the kids 200 Yard Dash will be held on the Track at Lakeview High School.

Race Day Registration and Packet Pick Up: Will be held at Lakeview High School starting at 7 PM.

Awards for 5K Night Run: Men's and Women's overall 1st – 3rd place; 15 & under, 16-19, Five Year Age Groups 20 thru 69; 1st place only 70-74, 75-79, 80-84 and 85+.

Entry Fee:

_____ \$15.00 ~ 5K Night Run (Pre-Registered by May 20, 2011 - \$17.00 after that date)

_____ \$15.00 ~ 1 Mile Fun Walk/Run ~ (Guaranteed Race Shirt if Pre-Registered by May 20, 2011) ~ first come first serve after that date.

_____ Free ~ Kids 200 Yard Dash (Ages 12 and Under Only)

Make Checks Payable To: Rotary Club of Cortland

Mail Checks to: Rotary Club of Cortland c/o Don Barzak P. O. Box 130 Cortland, Ohio 44410

First Name _____ Last Name _____
Address _____ City _____
State _____ Zip _____ Age on Race Day _____ Date of Birth _____ Sex ~ M F
Phone _____ Shirt Size: S M L XL XXL ~ Email Address _____

Race Waiver for Specified Event (Release)

In consideration of the acceptance, I for myself, my executors, administrators, and assignees, do hereby release and discharge Cortland Rotary Club, The City of Cortland, The Lakeview Local School District, and all other sponsors of all claims, damages, demands and actions whatsoever in any manner arising out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event. I understand that the race official reserve the right to disqualify and remove any entrant from the race whom they deem a potential hazard to themselves or others.

Participant Signature _____ Date _____

Parent or Guardian Signature required if under 18 years of age _____ Date _____