

Pyma-Laker 5K Run/Walk & Kids' 1/2 Mile Fun Run

**All proceeds benefit
Pymatuning Valley
Cross Country**

Saturday, July 9, 2011

1/2 Mile 8:30 AM, 5K 9:00 am

Pre-register by: 7/5/2011

Entry fees:

- \$12.00 pre-registered by July 5, 2011
- \$15.00 day-of registration
- \$10.00 Kids' Run

**Birch's Landing in Pymatuning State
Park in Andover, OH.**

**Take Ohio St. Rt. 11 to US Rt. 6. Take
Rt. 6 east into Andover. Take St. Rt. 85
east to traffic light at causeway and
turn right onto Pymatuning Lake Rd.
Follow Pyma-Lake Rd south for about
3 miles. Birch's landing will be on
your left.**

**For more information or to register
call: Tony Noxon 440-813-4537**



PRIZES

First Prize (male and female 5K): \$100 savings bond
Prizes to top 3 in each age group (5K): 14 & under,
15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-
54, 55-59, 60-64, 65-69, 70 & over
(Male/Female in each; no separate walker category)

Kids' Race: Trophies to top boy and girl, and top 3
in age groups 6 & under, and 7-12.
Participant award to all who finish.

**Course: Through
Pymatuning State Park;
scenic, fast & shaded.
Timing and finish line
services by Ted Rupe.**

**Part of North Coast Grand
Prix, sponsored by Achilles
Running Shop.**

**T-shirts to the first 150
registered runners. Free
Refreshments for all!!!!
Free pizza courtesy of Lakeside
General Store!
Door Prize Giveaway!**

Name _____

Address _____

Phone _____

T-shirt: Adult: S M L XL
 Youth: M L

Sex _____ Age on race day _____

Race (circle 1): 5K 1/12 mile

I, intend to be legally bound, hereby, for myself, my heirs, executors and administrators, voluntarily assume all risks of accident or injury & release & forever discharge the State of Ohio, Ohio Dept. of Natural Resources, & its employees, officers, & agents from any & all liability for personal injury or property damage of any kind sustained at Pymatuning State Park during 5K or 1/2 mile Run on July 9, 2011. Whether such personal injury or property damage is caused by the negligence of the State of Ohio, Dept. of Natural Resources, or its employees, officers, agents or otherwise.

I further covenant & agree to indemnify & hold harmless the State of Ohio & Dept. of Natural Resources, its employees, officers, & agents from all loss & expense, including, but limiting to damages, legal expenses, & cost of defense, in any manner arising from my use of the state park.

By my entry, I do hereby waive any claims I may have against the Pymatuning Valley Local School District or Sponsors for any damage or injuries suffered by myself or my family while participating in this event. I am entering this event with full knowledge of all potential hazards of running & this release is my acknowledgement of that risk. With my signature, I permit the Pymatuning Valley Local School District to use this information for promotions.

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____

**Mail bottom part of form
with entry fee to:**

Pymatuning Valley
Cross Country
c/o Tony Noxon
P. O. Box 781
Andover, OH 44003

Phone: 440-813-4537
E-mail: tnox@juno.com

**Make checks payable
to:
"PV Cross Country"**